



SUPER SMOOTHIES

all at 6

GREEN MACHINE

Banana, apple, kiwi, spirulina, mint, honey

POPEYE

Spinach, almond milk, ginger, egg white, lemon, agave

SCHWARZENEGGER

Soya milk, pomegranate, broccoli, kale, strawberries

TARZAN

Acai berries, banana, passion fruit, chilli, cocoa nibs, agave

RESPIRATION

Goji berries, blueberries, orange, seeds, peanut butter, protein

COFFEE

By Origin Coffee

all 3.5

Espresso / Macchiato / Americano / Cappuccino /
Latte / Flat White / Hot Chocolate

HOUSE ESPRESSO

Brazil

Chocolate Cookie, Pecan Nut, Berry Syrup. Full Bodied Finish

HOUSE BREW

cup 3.5 / brew for two 5.25

**LOS ALTOS
NICARAGUA**

Creamy Chocolate, Stone Fruit, Red Berries

COLD BREW

cup 4

Sandows Cold Brew

TEA

all 3.5

English Breakfast / Earl Grey / Organic Peppermint / Fresh Mint / Chamomile
Jade Tips Green Tea / Red Berry and Hibiscus / Jasmine Star / Rooibos



HOUSE PRESS

Cold-pressed juice — small 4.25 / Large 7.50

GREEN

Kale, apple, cucumber, celery, pineapple, lemon, spinach, parsley, ginger

HARD GREEN

Broccoli, cucumber, celery, lemon, spinach, parsley, ginger

RED

Beetroot, carrot, ginger, pineapple, orange, lemon, apple

CITRUS

Grapefruit, orange, lemon, tumeric, cayenne pepper

GINGER

Ginger, green apple, lemon

BOTANICAL HOUSE PRESS

all 4.25

GLOW

Pomegranate, red grape, guava, ginger, lime, rose, collagen

ENERGY

Orange, mango, passion fruit, lime, ginger, maca, cacao

REFRESH

Coconut water, honeydew melon, lime, vanilla, chamomile

COLD-PRESSED COCKTAILS

all 10.5

TEQUILA GREEN SMASH

Gran Centenario Plata, lime, honey, green juice Rocks

RED MOJITO

Bacardi Superior, lime, mint, red juice Highball

*Please no phones or photography. All the above prices are inclusive of VAT.
There is a discretionary 12.5% service charge added to your bill*